

TEST 1-22A037

1 Are actions like disjunction (vishesha)

- 0 a) balya
0 b) brimhanya
1 c) anti-tussive

2 The action called balya is the one that generates mostly

- 0 a) a vital dynamism
1 b) accumulation of energy in the form of reserves
0 c) a reconstruction of the body

3 If we do not have vital reserves we need therapeutic action

- 0 a) jivanya
1 b) balya
0 c) brimhanya

4 The therapeutic action brimhanya illustrates the amplification in being

- 0 a) a general quality of easy
1 b) of general hard quality
0 c) of vata-dosha

5 In order to reduce the size of some "stones" in the kidneys, we will use the action

- 0 a) lekhyanya
1 b) bhedanya
0 c) sandhanya

6 The therapeutic action called balya causes an accumulation especially

- 0 a) at the level of the body
1 b) at the etheric level (prana-maya-kosha)
0 c) at the psycho-mental level

7 The kantya effect is produced by plants that are

- 1 a) anti-inflammatory and emollient
0 b) stimulation at the digestive level
0 c) sharp and penetrating

8 The complex action of draining the liver, purifying the blood and stimulating blood circulation in the lower abdomen is part of the

- 0 a) hridya-karman
0 b) kanthya-karman
1 c) arshoghna-karman

9 To treat an itchy skin, the most effective action is

- 0 a) varnya
0 b) kusthaghna
1 c) kandhughna

10 The therapeutic action called in Ayurveda krimighna includes the action of

- 1 a) anthelmintic
0 b) analgesic
0 c) neurotonic

11 The leaves of the pepper plant (Polygonum hydropiper)

- 1 a) have a predominantly spicy taste
0 b) promotes bleeding
0 c) taste predominantly sweet

12 If we want to achieve a purification of breast milk, the most suitable therapeutic action is

- 0 a) stanya-janana
1 b) stanya-shodhana
0 c) shukra-janana

13 The therapeutic action vaya-sthapana corresponds to the action

- 0 a) anti-inflammatory
1 b) strenotonic
0 c) analgesic

14 We choose to carry out the therapy vama especially when we have an accumulation of

- 0 a) vata-dosha
0 b) pitta-dosha
1 c) kapha-dosha

15 The Sanskrit term janana included in the Charaka-Samhita in the name of therapeutic actions in the fourth group means

- 1 a) growth
0 b) decrease
0 c) purification

16 The therapeutic action of being thirst quencher is called

- 0 a) hikka-nigrahana
1 b) trishnia-nigrahana
0 c) chardi-nigrahana

17 Urine can darken its colour

- 0 a) if much water is consumed
1 b) if lime flowers are consumed
0 c) only in case of illness

18 The therapeutic action called purisha-samgrahana means

- 0 a) copropigmentary
1 b) coproformator
0 c) ureoformer

19 To eliminate fever we choose the therapeutic action

- 0 a) kasha-hara
1 b) jvara-hara
0 c) svayathu-hara

20 The action called kasha-hara is equivalent to the action

- 1 a) antitussive
0 b) anti-dyspneic
0 c) anti-inflammatory

21 The action called in Ayurveda shita-prasamana includes the action

- 1 a) heating
0 b) cooling
0 c) anti-arousal

22 Therapeutic actions included in Charaka-Samhita in the 9th group have in their name the Sanskrit term

- 0 a) sthapana
1 b) prasamana
0 c) hara

23 Have action shita-prasamana

- 0 a) aloe gel
0 b) white clay paste
1 c) ginger root